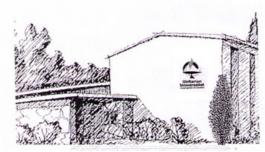


The Unigram

Newsletter of the Unitarian Universalist Congregation of Columbia, SC

September 11, 2018



2701 Heyward Street, Columbia, SC 29205 803-799-0845 • www.uucolumbia.org

Sunday Schedule

Forum: 9:30 am in the Library **Worship:** 11:00 am-12:15 pm

Nursery: Available during service for infants

through age 2

September 16, 2018 9:30 am Forum Topic

Are religions 'cults'? Are all 'cults'

religions? Is Unitarian Universalism a cult, a religion or a fellowship?

11:00 am Sermon Topic "Embracing Transformation"

by Laura Hartwig

September 23, 2018 9:30 am Forum Topic

Would a guaranteed minimum income (GMI) solve the problems we see in America related to poverty, unemployment and minimum wage employment?

11:00 am Sermon Topic

"Sacred Soundscapes" by Nicki Anahata Musick

Unigram Deadline

The deadline for the next issue is **Sunday**, October 7, for publication on Wednesday, October 10. Items submitted after the deadline will not be published. Please submit articles and announcements for the next issue to uucc@uucolumbia.org.

Hurricane Florence Update 10:00am Wednesday, 9/12

The UUCC schedule of events through Sunday, 9/16, is as follows:

- Wednesday, 9/12 UUCC will be OPEN and all scheduled events and activities are going forward as planned.
- Thursday, 9/13 UUCC will be OPEN and all scheduled events and activities are going forward as planned.
- Friday, 9/14 UUCC will be OPEN. Poor People's Campaign Potluck scheduled 5-7pm is CANCELLED.
- Saturday, 9/15 UUCC will be OPEN. "Thank You Drop-in" for volunteers has been CANCELLED.
- Sunday, 9/16 UUCC will be OPEN. UUCC Book Club has been rescheduled to September 23. All other scheduled events and activities are going forward as planned.

Stay tuned for future updates. If UUCC loses power and/or water, we will close and events cancelled. We are working on setting up alternate means of communication so please monitor email and phones. Please stay safe!

Message from our Board President

Words hurt.

I can clearly remember the moment, trapped in my memory, when I felt the pain and humiliation that accompanies the realization that you have said something hurtful. Insensitive. Stupid.

My children – Emerson, in particular – seem to enjoy hearing my "dumb things your Dad has done" stories. One that I have repeated many times over their lifetimes involves an incident back in the Fall of 1982. My fellow travelers and I were on the school bus, jockeying for seats in preparation for the ride home, when one of them asked about a classmate.

In my response, and boorish attempt to be funny, I said something that seemed absolutely hilarious in the split -second it took my brain to formulate the comment. No sooner had those words left my brain, out my pie-hole, through the air and into Marc's ear, than did pass his subtle response to hearing my comment on the way back through space, into my eye, up the optic nerve, and into the same brain where those words had originated.

I do not think that I will ever – ever – forget the look of disgust and disappointment registered on his face. No words. Just a subtle turn of his head, a look over his shoulder, his left eye making brief contact with mine. And that was it. Thirty-six years ago, almost to the day. A moment frozen in my memory.

Am I alone in this experience?

Recently, several dozen of us participated in the *Selichot* service at the Tree of Life Synagogue to "jump-start" the period of reflection our Jewish brothers and sisters experience entering the High Holy Days, culminating with *Yom Kippur*, the day for atonement and repentance. Together, we watched Hanan Harchol's *Landlord* (https://www.youtube.com/watch?v=ngjCmgUsfv0) followed by a lively and thoughtful discussion and the service led by Rabbi Mollo and Rabbi Case.

I don't really know what I would say to Marc if our paths were to cross. I hope that I would have the courage to apologize for my words and for whatever pain they may have caused. To ask for his forgiveness. And, to also tell him that am trying to be a better person.

Shalom,

Timothy VanDenBerg



Denominational Connections – September 12, 2018

Southern Connections

Ships Ahoy!

Youth (ages 15-18) are invited to participate in **Ships Ahoy!** an amazing journey into Unitarian Universalism which will prepare them for membership and leadership in congregations and the Association at large. This four-module youth leadership experience will be held from **October 12**, **2018 - March 10**, **2019**, and includes in-person and on-line sessions. <u>Learn more</u> and <u>apply</u> today!

UUWomenSpirit!

Registration is open for our Fall 2018 event. The Early Bird deadline is September 12th, so register before the price increases by \$20 per program. Head over to the <u>Fall Event</u> page for information on the event and how to register. We look forward to seeing you at <u>The Mountain</u> in October!

Adjunct Team

The Southern Region provides resources to aid in the health and successful continuance of congregations in our region. One resource we are providing is a new Adjunct Team of lay and clergy leaders, trained to assist congregations in creating and sustaining thriving religious communities. SR Adjunct team members are partners in shared ministry with SR professional Staff.

Starting in the Fall of 2018, Adjunct Team members will be available for <u>a small fee</u> to Southern Region congregations, usually for a weekend workshop/retreat focused on any of these topics: Congregational Governance, Congregational Planning, Congregational Growth, Congregational Stewardship, Lay Leadership, Professional Leadership, Faith Development.

Request a consultation from the Adjunct Team and learn more here.

Meanwhile, please check out our <u>Denominational Connections</u> pages for updates and connect with our wider UU world. Find the latest news on immigration justice and the UUA and information about *Get Out the Vote Project Grants* <u>here</u>. Please, visit us often on <u>Facebook</u>. If you have questions or suggestions or *if you feel called to join this committee*, please contact me at <u>denomconn@uucolumbia.org</u>. Keitha Whitaker, Chair, Denominational Connections.



Direction Reflection Exploration

Those who dwell among the beauties and mysteries of the earth are never alone or weary of life. — Rachel Carson, 20th-century environmental activist

The first day of 2018 CYRE began this past Sunday. The rooms had been cleaned and arranged lovingly by the parents and teachers, the lessons had been practiced and given and our students came with a sense of anticipation and excitement wondering what this year's lesson might hold in store for them. It was a great day for all present.

Our upper elementary class began their year learning a song to celebrate their joy and explore the power they have within and as a group. The song, "Now Let Us Sing", #368 in our hymnal, is very uplifting, written to celebrate the power of faith, hope, love, and joy. Listening to and signing along with this song can shake the cobwebs out of heads and truly bless us with a renewed energy and a sense of what it means to be human, to be connected to the love and joy we each hold in our hearts. I invite you to find this song on YouTube (be sure to look up the UU version) and allow yourselves to be lifted up and filled with the joy of being alive and connected to one another, to our greater community, to our world.

One of the family practices shared in this lesson is an invitation to families to go out into their yards in bare feet. To feel the grass together, to hold hands in a circle and participate in a family meditation. Breathing slowly and rhythmically, participants are encouraged to allow themselves to feel the earth while imagining their feet developing roots which shoot down into the soil and connect with the life underground. It is a practice designed to allow us to embrace the steadfastness of the earth. We need this steadfastness now as we again are asked to buckle down and work towards helping candidates who share our values get elected, while we are asked to attend rallies to stand up for what we believe in. We need the strength of the earth and a strong connection to its inhabitants to continue to stand up for peace, for fair treatment of all and proper stewardship of our blue boat. Our tasks are many but we have numbers and we have voices to use to renew our personal energy. Keep renewing, my friends, and keep up the good work.

Blessed Be,

Stephanie Palmer-Smith Director of Religious Exploration



Candles of Community

Dottie Gennaro

Dorothy (Dottie) Emma Soehl Gennaro (nee Junker) died peacefully Monday, September 3. A memorial service will be held at UUCC on Saturday, October 13.

Thank You

South Carolina Appleseed Legal Justice Center

Dear Friends: First, let me just say, thank you! Your recent generous donation of \$889.09 shows that you are committed to spreading justice and equality in South Carolina. Thank you so much for all your support—we could not do our work without you. Susan B. Berkowitz, Director

The Mountain

Share Your Talents at The Mountain!

Are you a yoga fanatic? Do you know all the major spider groups in the SE states? Can you identify all the major constellations? Know four different line dances by heart? Can you make origami animals? Are you willing to share your knowledge with others? We are looking for people to lead small groups (15 minutes-2 hours) to enhance everyone's time at The Mountain, October 5-7. If so call Joan Watterson 803-787-7873 or Ginny Verne 803-606-6260.

Costs include dinner Friday through lunch Sunday: Adult double occupancy-\$190. Single-\$260. Youth 8-17-\$70. Children 0-7-Free. Register online at themountainrlc.org or call 828-526-5838.

UUCC Choirs

UUCC Adult Choir

You are invited to sing with the UUCC Adult Choir! If you enjoy singing and would like to be part of a group that learns diverse and beautiful music to sing in services, you are welcome to join. Rehearsals will be every other week before services in the UUCC Sanctuary, 9:30-10:30 AM, and the choir will sing once a month in services. The first rehearsal of the season will be Sunday, September 16. Please contact Music Coordinator, Anna Hamilton, with questions or to be included in the email list: music@uucolumbia.org

Prism - UUCC Women's Choir

You are invited to sing with Prism, the UUCC Women's Choir! Rehearsals are weekly on Thursdays, 6:30-7:30 PM in room Murray/9 at the UUCC. Prism sings once a month in Sunday services, and also occasionally at Columbia area events. We sing a variety of music for women's voices and enjoy being together in song. Please contact Music Coordinator, Anna Hamilton, with questions or to be included in the email list: music@uucolumbia.org

Encore – UUCC Men's Chorus

Encore is preparing for fall. Men (or women tenors) who can carry a tune and love to sing are welcome to join. Generally, we rehearse and sing two Sunday mornings each month and do 2 or 3 part harmony that is easy to read. New members are always welcome. Please contact Richard McLeod for rehearsal dates and times: richardmcleod@bellsouth.net

Upcoming Services

September 16 "Embracing Transformation" Laura Hartwig

Embracing the transgender community is not only good for them, but can also be transforming for us. Learn even more at a community conversation after the service at 12:45pm.

September 23 "Sacred Soundscapes" Nicki "Anahata" Musick

Anahaat Planet will present a music-oriented service (kirtan music)

Words that embody the identities and faculties of the Divine or transcendent within and without are referred to as mantra or sacred resonance the world around. Within the sound vibration of words there is always an inherent potency. The potency we aspire to merge with in sacred sound resonance is that of love, inner strength, serenity and healing. Anahaat Planet will introduce some of the essentials of sound art and science as it relates to the human mind and body. You will have opportunities to engage by singing along or enjoying the meditative practice of listening!

bio: Nicki "Anahata" Musick is a yoga teacher and healing arts practitioner of many years specializing in Kundalini Yoga and Meditation. Her yoga path greatly emphasizes sacred sound and as a vocalist she found a soulful connection with yoga and music. Eventually she teamed up with "Anahaat Planet", musical friends sharing a common vision for creating meditative and spiritually focused music. Anahaat Planet collects world traditional mantras and chants, English sing alongs and incorporates original instrumental composition, poetry and instrumental improvisation. Anahaat Planet band members include: Nicki Anahata Musick (vocals, acoustic guitar, gong) James Wallace (bass and shirdi), LG (keyboards), and Jeanne Garane (mandolin and violin) anahat@yogaandwellness.com

September 30 "Embodying Hospitality" Candace Chellew-Hodge

It's easy to offer hospitality to those we like, but to be truly awake in this world, we must be able to offer hospitality to everyone, be they friend or foe.

October 7 Sermon Topic to be announced Rev. Stephen Robinson

News and Notes

Wake Now Our Vision Campaign

The UUCC Endowment Committee recently had its initial FY2019 meeting and we have decided to focus our main efforts on the UUA Wake Now Campaign. The Wake Now Campaign provides an amazing opportunity in which a legacy gift (including the UUCC in one's will) of a UUCC member or friend will immediately be *matched at 10% of the gift*. This will be *in cash to UUCC no strings attached*. As an example, if someone has in their will that UUCC will receive \$10,000 upon execution of the will, UUCC would receive \$1,000 now if that person had submitted the Wake Now form and a copy of the relevant pages of the will to the UUA.

That's the good news. The not so good news is that there is a limited amount of money and it is on a firstcome basis, and this campaign will be conducted for a limited time.

The board has set \$500,000 in legacy gifts as a goal. If reached, this would mean an infusion of \$50,000 into the UUCC budget. Think of what that could mean! If you have already submitted a Wake Now form and the relevant portion of your will and have not let the Endowment Committee know, please consider doing so.

No names will be shared, and the information will only be presented in the aggregate for publicity and planning.

Wake Now Campaign information is available in the Social Hall and on the UUCC web site. If you have questions, please see a member of the Endowment Committee. Thank you!
Phil Turner, Chair
Dot Brown, Financial Secretary
John Logue
Darrell Shier
Judy Pearce

UUCC Transitions Library Volunteer Staff

For the past 7 years, UUCC has staffed the Transitions Library from 4-5 p.m. on Fridays. This is a wonderful opportunity to be part of providing a much-needed quiet area, recreational reading, and a source of information to the clients of Transitions. The work is fun and involves checking materials in and out and re-shelving. It is a great way to get to meet folks from a variety of backgrounds who have in common a lack of housing.

There is a group of UUCC volunteers who staff the library during our slot, but we need a couple more so that each person only has to serve once every two months. Phil Turner schedules volunteers and provides the training. Please email him (pturner@unt.edu) if you are interested or have questions. Thank you!

Ministerial Discretionary Account

Our congregation has a Ministerial Discretionary Account [MDA] to be used by the minister to assist members and friends with emergency financial needs. The board has recently adopted more formal Policies and Procedures for management of this account; these are on our website. The Board oversees the management of the account in the absence of a minister and has asked the Caring Committee to handle requests for assistance with emergency needs.

This account is the recipient of Share the Plate in January, but this year it has been depleted more quickly than in the past, with several more months to go in the year. Contributions would be most welcome at this time. If contributing by check, please write "MDA" on the memo line.

See Page 11 for Social Action Events

Unigram Ongoing Publishing Schedule

The Unigram will continue to be published once a month, on second Wednesdays. Please submit all articles and announcements by the preceding Sunday.

Chair Yoga Returns! Beginning Wednesday, September 12

Chair yoga entails about 45 minutes of real yoga but it takes place mostly seated. It is ideal for people who want to improve flexibility but who do not enjoy (or for physical reasons cannot do) the typical yoga class. The class meets every Wednesday (beginning September 12 and ending on November 14) in the Social Hall 11:00-11:45 am. No special clothing or equipment is needed.

Crafting Night for Spirit Play, Wednesday, September 12

On Wednesday, September 12 we will get together to craft for Spirit Play. Bring your creativity and join us for felting, painting, drawing, etc. All supplies are included! See you at 6:00 pm in the Social Hall.

CANCELLED:

You" Drop-in has been Cancelled.

POSTPONED:

UUCC Book Club Schedule for September 16 has been postponed to Sunday, September 23



The next UUCC book club discussion is 6:30 pm on Sunday, September 23. Alvin Steingold will facilitate a discussion

on American Sphinx: The Character of Thomas Jefferson by Joshph J. Ellis We will meet at a member's home. The UUCC Book Club is open to all members and friends of UUCC. We welcome new and returning participants! Please contact Ruthie Saunders if you have questions or would like more information: rsaunders@sc.edu

Christian Heritage Group, Tuesday, September 18

The Christian Heritage Group will hold its monthly meeting on Tuesday, September 18 at 12:00 in Room 8 of UUCC. Please note that the meeting time (previously 11:00 am) has been shifted to an hour later. Bring a light lunch or snack for yourself if you would like to stay and eat and chat after our hour-long meeting. We will be discussing the issue of Resurrection or Reincarnation. Alongside the orthodox concept of resurrection there has existed in some Christian circles a doctrine of reincarnation; we will consider their mutual relation. If you are interested in our group, do come join us. If you have any questions, call Rebecca Drennan at 415-377-1791.

Current UU Art Display Ending Sept. 20

Meg McLean's colorful art show, "A Sampling of Subjects" will end on September 20. So, if you have interest in Saturday, September 15 Volunteer "Thank purchasing any of her works, please let Jean Capalbo know by then: (803)799-1001 or jacapalbo@gmail.com.

> We look forward to displaying Ann Cargill's unique works in October, both in the social hall and the foyer display case.

Pancake Breakfast, Sunday September 23, 9:00 a.m.

Bring your appetite and friendly self to the Pancake Breakfast in the Social



Hall. Vegan selections will be available. This is a fundraiser for the CYRE Heritage trip. \$5 per person or \$15 per family.

To All Transylvanian Pilgrims and Potential Pilgrims

If you are interested in journeying with Rev. Zsolt Solymosi the latter part of July 2019 then join us at **12:30 on Sunday, September 23 in Room 10**. Those of us who treated ourselves to the UUCC "pioneer pilgrimage" in August 2017 to visit our Partner Church in Beszterce, one of many destinations along the way, know what a life changing experience this can be.

As with our earlier trip, we'll start in Cluj, capital of Transylvania, Romania, and end in Budapest beside The Danube. Intermediate stops depend on what Zsolt may suggest. For sure several popular ones from 2017 will be included.

Precise dates and length of stay (probably 8-10 days) are yet to be pinned down. Zsolt input here. This meeting will be to answer general questions, hear a few anecdotes from 2017 pilgrims, and gauge general interest and numbers for the trip. Questions, if they can't wait for the meeting, can be directed to Yoli and Tony Ganong: ganong@bellsouth.net and/or Jean Capalbo: jacapalbo@gmail.com.

As with the earlier trip, some pilgrims chose to extend independently their European experience, either before or following the pilgrimage. Looking forward to seeing you on Sept. 23. Julian and Lee Minghi

Recycling: Mysteries of the Blue Bins, Wednesday, September 26, 7:00pm



Please join the Columbia Audubon Society and UUCC on Wednesday, September 26 at 7pm for "Recycling: Mysteries of the Blue Bins."

If you are a diligent citizen you collect your recycling and put it out in a blue bin to be picked up. Then

what? What happens to the stuff after it is picked up? What happens if you put something in that can't be recycled? And what can and can't be recycled anyway? Jane Hiller of Sonoco, which manages most of the processing for recycled items in our area, will discuss DOs and DON'Ts of recycling and will show how recycled items are processed. We will also discuss ways to reduce, reuse, and recycle some of the items that don't go in the blue bins.

September Set, Friday, September 28 On the fourth Friday of every

month the UUCC has a potluck for seniors (self-defined: no ID required:-) that we call September Set. This is a great opportunity to simply talk and eat with old friends---and make new ones! Sometimes we will have a program after the meal, but usually we just catch up with what's happening in each other's lives.

No need to sign up; all you have to do is bring a dish to share with others. Hope to see you at our next September Set dinner at **6:00 p.m. on Friday, September 28!** If you have questions, email or call Pat Mohr (patmohr@mindspring.com; 803-463-3504) or Jean Capalbo (jacapalbo@aol.com; 803-799-1001).

Interfaith Choir, Sunday, October 7

An Interfaith Choir will perform at the Peace in the Park event on October 7. Jordan Henry, a Music Director and member of our interfaith community, has graciously volunteered to direct the choir. We are looking for interested singers, ages 9 to 99+, who can commit 1.5 to 2 hours per week (subject to change based on the group's needs). We are also looking for a volunteer piano player. If you are interested, please complete the form at https://goo.gl/forms/flzhtdF46aYtgCEa2 and Jordan will be in touch with you. If you have any questions, you can reach Jordan directly at J.henry9114@gmail.com (please put Interfaith Choir in the subject line).

Women's Book Group, Tuesday, October 9

The Women's Book Group will meet Tuesday, October 9, at 7:00 PM in Room 10 to discuss *Natural Causes* by Barbara Ehrenreich. Anyone with questions may contact Sandy Chubon 776-0784 or sjchubon@sc.rr.com

Ladies Let's Do Lunch, Thursday, October 11, 12:30pm



How often do you say to your friend, "Let's get together for lunch" but it never seems to happen? Ever try for five or six of you to get together and the restau-

rant is so noisy you can't hear each other talk. That's no fun. How about all of the UUCC ladies getting together every other month for lunch and maybe you will even discover somebody you didn't really know. The UUCC Ladies LUUnch BUUnch would like to invite all ladies to meet at Arabesque at 2930 Devine Street on Thursday, October 11 at 12:30 for our first lunch in our own private room where the only noise we will have to contend with is our own. The room will hold fifty people so we will be able to be seated comfortably and move around and visit as we please. We can order from their menu which most of you know is vegan/vegetarian friendly. For those of you who have never been there, Arabesque serves Mediterranean (Lebanese) selections including pizza and great salads. They have been a popular restaurant choice for UUCC members. We are hoping that even you working girls might be able to take your lunch time and join us. We will have a signup sheet at the Welcome Table or email Linda McLeod at bonneylass44@gmail.com to let us know you will join us. We will need to have an accurate count for our reservations by Monday, October 8. Hope you all will want to join us for a fun day Out to Lunch.

8th Annual Blessing of the Animals Sunday, November 4



The Animal Ministry is proud to be holding its 8th annual Blessing of the Animals event this year. Please be sure to save the date of Sunday, November 4 at 3:00 P.M.

Knit or Not Group, Mondays, 2:00 p.m.

Do you knit or have other needle-craft you would like to share? If so, you are invited to join us for our weekly Knit or Not meetings on Mondays at 2:00 p.m. in classroom 8 of the CYRE wing. Or if you are interested in learning to knit or crochet, we have folks who can help with the basics.

Art for All Group, Thursdays

If you are interested in working on your art with others for support, encouragement and feedback, then this group is for you. We meet weekly on Thursdays from 10:00 a.m. - noon in the UUCC Social Hall. Bring your own supplies and prepare to enjoy the company of other artists at no cost. No instruction provided. Contact Ruthie Saunders at rsaunders@sc.edu if you have questions.

Gaia's Rising CUUPS, Thursdays

Join the Covenant of Unitarian Universalist Pagans (CUUPS) Thursday nights at 7:30 p.m. in the Library unless otherwise noted. Contact Johnnie Nelson at 729-4319 or 1_c_r_1@live.com for more information



Spring Yard Sale: Don't Get Rid Of That Stuff...Yet!

UUCC will have a Yard Sale this Spring, so hold on to all of your unbroken, working, unwanted items until then. Anything you have except large appliances and clothing will be accepted as long as they are in reasonably good condition. This year books will be welcomed.

We cannot accept items until the week of MAY

12. If you would like to join in the fun of taking in, arranging, pricing, or selling, and getting to know our UU community, let Jean Capalbo know at (803)799-1001 or jacapalbo@gmail.com.

Social Action

Next Social Action Meeting Sunday, September 23 at 12:30pm in the sanctuary. We need your help so please join us. Email <u>SocialAction@uucolumbia.org</u> with any questions.



Thinking Outside the Gender Box: Sun, Sept 16, 12:45pm

Join us for a teach-in that will help you understand some of the basics about the transgender community and learn how you can become a desperately needed ally. We will have three speakers and then a Q&A panel discussion. You are also welcome to attend our Sunday service at 11am for an introductory sermon. A light snack will be served in between. This event is FREE and open to the public. Please bring your friends and neighbors. Contact SocialAction@uucolumbia.org for more info.



Pride Parade Planning Meetings: Tuesday, September 18 & Monday, 24, 6pm

Tuesday, September 18: Come help us plan what the float will look like this year. We need to come up with a theme. All welcome. We'll meet in room 9 (Murray) Please join us!

Monday, September 24: Crafty? Come help us create banners and decorations for our float! All welcome. We'll meet in the social hall. Please join us! Any questions, please contact socialaction@uucolumbia.org.



Sat, Sept 22: 4th Annual Peace Day at the Statehouse

11am-3pm Carolina Peace's 4th Annual Peace Day at the Statehouse, a festival style event held in honor of the International Day of Peace. CONTACT david@carolinapeace.org

Voter Registration/Training Opportunities

We need to get people registered before the Oct 5th (depending on how you register) deadline. This is a huge list of opportunities: https://secure.ngpvan.com/p/FZhJaBmcC0G XfcfYhvrTg2



Guest at Your Table Potluck: Sun, Nov 11

Join us after the service on Sunday, Nov 11th for a potluck fundraiser for the <u>Unitarian Universalist Service</u> <u>Committee</u>. This year's theme is Justice Across Borders. Read a little bit about their work with this <u>here</u>. Then, please plan to participate in the potluck. Bring a dish and a donation! Our sign-up sheet will be up soon!

Please check our website for new events posted almost daily: bit.ly/social-action.

Who would you like to see as a recipient of 2019 Share the Plate Contributions?

The Share the Plate Committee is getting ready to begin the Share the Plate process for the coming year. UUCC donates half of our cash collections each month to an outside charity or social justice organization chosen by our members. Thanks to our congregation's generosity, we have donated approximately \$83,000 in Share the Plate contributions to community charities over the past seven years. There are eleven categories of recipients determined by the Share the Plate Committee. Now is the time to be thinking about what organizations you would like to nominate for any one of these categories. The date of the nominating process will begin on September 30. The qualifying nominees must be a 501(c)(3) non- profit organization that is not affiliated with UUA. To confirm the status, check the organization's website to determine if it is a 501(c)(3).

Share the Plate Nominations forms will be available in your Order of Service and on the Website on September 30. They will be on the table in the foyer after that date. The eleven categories are:

Animal shelters/Animal services
Children's services
Food banks/Food support
Environmental issues
Homeless shelters
Legal aid
LGBT issues
Mental Health issues
Physical Health issues
Social Justice Issues

Women's issues

Religious Exploration

Registering for CYRE

Please ensure your child is registered for CYRE before classes start! This allows our teachers to know how many

children to prepare for. Just clink on the link and scroll down to the end of the page Learning Overview and select the blue word REGISTER. It will take you to the page. Please keep ALL registrations up to date and fill out both sides of the form please.

CYRE Calendar

Sept. 12 – Crafting Night 6:00 – 8:00

Sept. 16 – CYRE

Sept. 23 – CYRE and Pancake Breakfast

Sept. 30 – Social Action in CYRE

Heartfelt Gratitude

To our 2018-2019 Teachers

Erin Lowry, Julieanna Turner, Anne Schneider, Susan Faust, Deb Matherly, Lis Jenkinson, Mckenzie Scott, Bethany Storlazzi, Gail Dawson, Terrence Sullivan, Brandi Mimbs, Joseph Eisenreich, Jim DuPlessis, Konni Shier, Buzzie Kelly, Jonathan White, Bauer Westeren, Lauren Redden, and Karen Brown! It is going to be a great year!

To Our Kitchen Helpers

Linda McLeod, Jeanette Walton, Connie Quirk, Kent Ureda, Patty Drews, Joan Watterson, Regina Moody, Jean Capalbo, and Kathy Farnsworth

To our Crafters – Jeanette Walton, Lis Jenkinson, Gail Dawson, Cindy Blackman

To our Chaperones

Darrell Shier, Laura Brashears, Loretta Spencer, Chad Horton, and Bauer and Sarah Westeren

To our Social Action Education Team – Lydia Mignogna and Pat Mohr

August Board Meeting Highlights

by Linda Brennison, President Elect

- Committee reports were discussed and Liaisons were asked to emphasize the importance of the monthly committee reports by committee chairs
- Jeannette Walton was appointed to the Finance Committee and several new Sunday collection counters were approved
- A Minister's Discretionary Account Policy and Procedures was approved
- Emilio Perez-Jorge was appointed to the Personnel Committee
- Ronan Sullivan was approved to be the new hire for the Nursery Worker position
- A Borrowing Resolution to renew the Congregation's line of credit was signed
- A task force will look at creating a new Congregational Covenant
- Richard Culler will complete a punch list of items yet to be completed with the renovation
- Richard Culler will review all existing rental agreements to verify that all are in agreement with policy
- The Tech Committee will be asked to review the door lock code system

Please note, these highlights are not intended to replace the official Board Minutes which will be posted to our website when approved by the Board. Please be sure to read the official minutes for more information.

Meetings & Rentals

Art For All Group	Thursdays	10:00 am	Social Hall
Board Meeting	3rd Wednesday of month	6:30 pm	Social Hall
Chair Yoga	Every Wednesday	11:00 am	
Children & Youth RE Committee	TBA	12:30 pm	Classroom # 8
Choir - UUCC (adult)	Sunday, September 16	9:30 am	Sanctuary
Choir – Prism (women)	Thursdays	6:30 pm	Classroom # 9
Choir - Encore (men)	TBA		
Christian Heritage	3rd Tuesdays	11:00 am	Classroom # 8
Committee Night	Wednesday, October 3	6:00 pm	Social Hall
CUUP's, Gaia's Rising	Every Thursday	7:30 pm	Library
Funeral Consumers Alliance	2nd Tuesdays	5:30 pm	Classroom # 8
Forum	Every Sunday	9:30 am	Library
Green Team	TBA	12:30 pm	Classroom # 8
Knit or Not	Every Monday	2:00 pm	Classroom # 8
Membership Committee	TBA	12:30 pm	Classroom # 10
Visitor Orientation	Sunday, October 21	12:20 pm	Library
Science & Religion	2 nd Thursday	7:00 pm	Classroom # 8
September Set	Friday, September 28	6:00 pm	Social Hall
Social Action Committee	Sunday, September 23	12:30 pm	Sanctuary
Technology Committee	Wednesday, October 3	6:00 pm	Workroom 1
UU Animal Ministry	Thursday, September 20	5:00 pm	Classroom # 10
UU Book Club	Sunday, September 16	6:30 pm	Member's Home
UU Humanist	4th Thursday	7:00 pm	Classroom # 8
UU Partner Church Committee	Sunday, September 23 Lee Minghi, 798-0904; Carita Barr, 782-0053	12:30 pm	Classroom # 10
Women's Book Club	Tuesday, October 9	7:00 pm	Classroom # 10
Writing Group	Suspended	6:30 pm	
Rentals			
La Leche League	3rd Tuesdays	6-8pm	Classroom # 8
Tai Chi 803-772-9557 columbia.sc@taoist.org	Every Thursday	6:30 pm	Social Hall
Insight Meditation	Every Monday	7:00 pm	Library
Men's AA I	Every Tuesday	6:30 pm	Social Hall
Women's AA I	Every Wednesday	6:30 pm	Library
Men's AA II	Every Sunday	5:00 pm	Library

The Seven Principles of Unitarian Universalism

Grateful for the religious pluralism that enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. We covenant to affirm and promote:

- 1. The inherent worth and dignity of every person
- 2. Justice, equity, and compassion in human relationships
- 3. Acceptance of one another and encouragement of spiritual growth in our congregations
- 4. A free and responsible search for truth and meaning
- 5. The right of conscience and the use of the democratic process within our congregations and society at large
- 6. The goal of world community with peace, liberty, and justice for all
- 7. Respect for the interdependent web of existence of which we are a part

If these principles reflect your understanding of the world and appeal to your sense of spiritual fulfillment, we invite you to consider membership in the Unitarian Universalist Congregation of Columbia. If you would like to discuss membership or if you would simply like more information, please speak to any member of the Membership Committee or of the Board of Trustees.

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