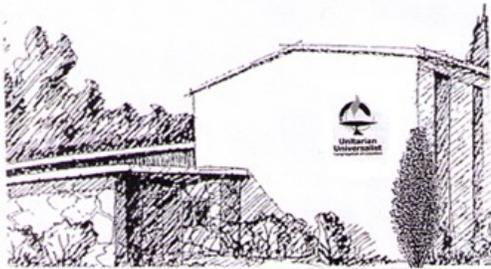




The Unigram

Newsletter of the Unitarian Universalist Congregation of Columbia, SC

July 10, 2019



2701 Heyward Street, Columbia, SC 29205
803-799-0845 • www.uucolumbia.org

Sunday Schedule

Forum: 9:30 am in the Library

Worship: 11:00 am-12:15 pm

Nursery: Available during service for infants through age 2

July 14, 2019

9:30 am Forum Topic

Is social media good for democracy?

11:00 am Sermon Topic

The Difference between “Freedom From” and “Freedom For,” by Rev. Dr. Neal Jones

July 21, 2019

11:00 am Forum Topic

What precedents have been set for reparations for slavery in the United States?

11:00 am Sermon Topic

“Opportunity Named Failure,” by Rev. Candace Chellew-Hodge

Unigram Deadline

The deadline for the next issue is **Sunday, August 11**, for publication on **Wednesday, August 14**. *Items submitted after the deadline will not be published.*

Please submit articles and announcements for the next issue to uucc@uucolumbia.org.

Message From Our Board President



I suppose it is not unusual to turn to one’s favorite authors and self-help gurus in times of personal challenge. One of my favorites is Brene Brown author of *Daring Greatly* which got its name from a famous quote by Theodore Roosevelt: “It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, **if he fails, at least fails while daring greatly**, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.”

What makes a person decide to enter that “dusty arena” and “spend himself in a worthy cause”? Roosevelt thought that by daring greatly one might at best triumph in the end and achieve great things. On the other hand, failure can also be a result of daring greatly. Brene Brown suggests that to be a good leader, one must be vulnerable and risk failure. In her book, *Dare to Lead*, Brown says, “Vulnerability is not winning or losing. It’s having the courage to show up when you can’t control the outcome.”

Continued...

As I face a new year of challenges as President, I hope to lead with integrity, courage and vulnerability. The promise of a great future for the UUCC entices me to enter the arena not knowing the outcome of the struggle. All I know for certain is that in undertaking this role, I am not alone. Again, and again I have benefited from the unparalleled love and support of our members and friends.

To love is also to be vulnerable.

My sincere thanks in advance to all of those who dare to lead with me, the Board of Trustees, the Staff, the Committee Chairs and volunteers. Please know that you have my support and respect. The future we can create for our beloved community is one that is only limited by our collective imaginations.

With love and respect,

Linda Brennison
President of the Board

Message from our Minister

The month of July marks the beginning of a new church year, and I am excited about continuing the journey with you as your minister. I feel honored and privileged to be a source of support, care, motivation, and inspiration to this great congregation. My focus remains on caring for you, as you all continue the good work of the UUC. Our voice and our presence in South Carolina are needed now more than ever. The flame of our chalice burns brightly in each of you.

Many have asked when I am available or when I have office hours. As a part time minister, I don't have any set office hours. I am available if you need me during the week. I can make appointments and meet you at my church office when I am available and it's convenient for you. If you would like some time, please don't hesitate to contact me. I am here for you.

Thank you for giving me this opportunity to serve you. I look forward to our continued good work.

Rev. Stephen Robinson

RevStephen@uucolumbia.org

803-318-8185

Thank You

UUCC Yard Sale

Several months ago, an incredible woman said YES!! We can do this. Jean Capalbo was the quiet and capable force who planned and directed this most successful fundraiser.

Thank you, Jean, for leading us on this wonderful exhausting -and fun- activity. Our congregation thrives because of your brand of dedication.



It's amazing what a dedicated group of people can do in a week! Our UU Yard Sale was fantastic in many ways. Our building was overflowing with stuff that people no longer wanted but was carried away by others, leaving us with \$6,500!

After the sale Saturday, Homeless No More and the Family Shelter were invited to come and gather items for their clients. The SC Youth Advocate Program picked up all the leftover luggage and backpacks. Some books have been kept to start a free library on the shelves in the RE wing, and the remainder of the media has been given to the Richland County Library. His House came for all the other unsold items.

A big thank you goes to all the people who made this a successful, community building event. Not only those who helped with donations, but the following who were involved in trucking loads to and from homes and the storage unit; setting everything up; pricing all the items; and working the sale!

A special thanks to those of you who came often and worked hard...You know who you are. You made this happen!

Barbara Bates Smith, Linda Brennison, David Bryan, Ann Cargill, Craig Chattin, Don Cooper, Carol Dodson, Bill Dolley, Patti Drews, Brian and Andrea Dudick, Caroline Eastman, Yolanda Ganong, Jean Harris, Marie Huntt, Nohl Johnson, Sophia Johnson, Buzzy Kelly, Kerry Lachance, Jean Lomasto, Mary and Morgan Maclachlan, Chris Maw, Ann Mellon, Monica Miller, Linda McLeod, Pat Mohr, Regina Moody, Laurin Moody, Karen Peters, Susan Robinson, Cheryl Soehl, John Starino, Bethany Storlazzi, Janet Swigler, Anna Thomas, Ginny and Jim Verne, Jeanette Walton, Joan Watterson, and Carolyn West.

Jean Capalbo

Carita Barr

On June 9 we caught Carita by surprise the day before her actual birthday by celebrating her, both during Candles of Community, and at coffee hour.



Partner Church

This picture was recently taken in the Vaser Valley of Transylvania, in the historic Maramures region, where a group of 6 UU pilgrims are heading this week, visiting the Beszterce Unitarian Partner Church members. It will be not only a fairytale travel, but a real incursion into the 450 years of Unitarianism. Rev. Zsolt Solymosi and the members from Beszterce congregation are waiting for the American pilgrims with warm hearts!



News and Notes

Membership at the UCC

Have you been attending the UCC for a while and considering making the congregation a larger part of your life? If you are interested in joining or have questions about membership, please contact membership@uucolumbia.org. You may also speak to the Membership Committee volunteer at the Welcome Table with the red tablecloth after the service.

Are You Missing Someone?

Do you know someone who has stopped coming to services? Please consider getting in touch with them to see how they are doing. If you don't feel comfortable doing this, please let someone from the Membership Committee (red ribbons attached to their name badge) know. If you need their contact information, you can ask our Administrator, Andrea, at uucc@uucolumbia.org.

Share the Plate Collection for June 2019

Thanks to your generous giving to Share the Plate we were able to send a check to our June 2019 recipient, Meals on Wheels, in the amount of \$1,015.75. The Social Action Committee appreciates your participation in making this a successful program.

Director of Religious Exploration

Search for New DRE Has Begun

Our goal is to have a person in position when the fall school year begins. The position is being announced on our Facebook page and in the UUA Southern Region listserves. Please help spread the word by posting to your Facebook pages. You'll find the position description on our website: <http://www.uucolumbia.dreamhosters.com/director-of-religious-exploration/>

The UCC Administrator's office will be closed Monday-Wednesday, July 15-17. Email and voicemail will be monitored.

See Page 9 for Social Action Events

UUCC Men's Breakfast Group, Second Thursday of Each Month, Meets Tomorrow

The UUCC men's breakfast group will meet at 9:00 a.m. on the second Thursday of each month (**next one is tomorrow, July 11**). This time we meet at the Lizard's Thicket on Beltline. If you are interested, please let Phil Turner pturner@unt.edu know so we can have space available.

Feeding the Hungry at Transitions, Saturday, July 13

UUCC has a continuing commitment to help serve the evening meal at Transitions Homeless Recovery Center, 2025 Main Street in Columbia, on the second Saturday of every month. Please arrive by 5:15pm, as the service window is 5:30 - 6:00pm. Park in the Transitions lot. Sign in at the Security Office. Remember to bring a hat unless you prefer to wear one of the disposable hair nets they provide. We have stools for anyone who might find it uncomfortable to stand for 30 minutes. Please email Bob Whitaker at uubobwhit@gmail.com if available.



Don't Miss the Potluck This Sunday, July 14

Please plan on bringing your favorite main dish, salad, fruit plate, vegetable, side dish, or dessert to share with others as we give a special welcome to Rev. Neal Jones who will be visiting us as our guest speaker. Most of us remember Neal as our minister of 10 years when he moved to Pennsylvania to serve another UU community. We will all enjoy spending some time with him after the service as we join together for a fun summer potluck. Please bring your food offering to the kitchen or place it on the serving tables prior to the service. Hope to see all of you there.

Christian Heritage Group, July 16

The Christian Heritage Group will hold its monthly meeting on Tuesday, July 16 at Noon in the UUCC library. Bring a light lunch or snack for yourself if you would like to stay and eat and chat after our hour-long meeting. We will consider the migration crisis on the southern border of the United States in relation to Christian values, as discussed by Episcopal Bishop Waldo of Upper South Carolina in a recent pastoral letter. If you are interested in our group, do come join us. If you have any questions, call Rebecca Drennan at 415-377-1791.

UUCC Book Club, Sunday, July 21, 6:30pm

The next UUCC book club discussion is 6:30 pm on Sunday July 21. Angie Dodd Rabon will facilitate a discussion on *Losing Moses on the Freeway: The Ten Commandments in America* by Chris Hedges. We will meet at a member's home. The UUCC Book Club is open to all members and friends of UUCC. We welcome new and returning participants! Please contact Ruthie Saunders if you have questions or would like more information: rsaunders@sc.edu We hope to see you there!



Ladies Luncheon

UUCC Ladies Summer Luncheon Tuesday, July 23

Please join us at Arabesque Mediterranean Restaurant (back room reserved) at 2930 Devine St, on Tuesday, July 23 at 1:00 pm. RSVP to janegillespie71688@gmail.com by Friday, July 19. Please come to share or listen to others share stories of their summer travels.

September Set, Friday, July 26, 6:00pm

On the fourth Friday of every month the UUCC has a pot-luck for seniors (self-defined: no ID required:-) that we call September Set. This is a great opportunity to simply talk and eat with old friends---and make new ones! Sometimes we will have a program after the meal, but usually we just catch up with what's happening in each other's lives.

No need to sign up; all you have to do is bring a dish to share with others. Hope to see you at our next September Set dinner at **6pm on Friday, July 26!** If you have questions, email or call Pat Mohr (patmohr@mindspring.com; 803-463-3504) or Jean Capalbo (jacapalbo@aol.com; 803-799-1001).

Lock-In for UU 20-Somethings! Saturday, August 3

Remember the good 'ole days when you got the church to yourselves? Or heard about them, but weren't raised UU? Well then this night is for UU!! Join other 20-Somethings for a night of games and movies. Arrive around 8pm on Saturday, August 3, with your sleeping bag and personal items. Snacks, drinks and breakfast in the morning will be provided. Text Bethany by Thursday, August 1, to RSVP 803-873-7455.



Spare Reading Glasses?

Please consider giving any reading glasses you no longer use to Janet Swigler. She will be traveling to South Africa in August and would like to give them to the artists and craftswomen who need magnifying glasses for their work. Janet's contact info is jlswigler@aol.com or 608-1042. Thank you!

The Women's Book Group, Tuesday, August 13, 7:00pm, Room 10

We will discuss *Where the Crawdads Sing*, by Delia Owens. Anyone with questions may contact Sandy Chubon at 776-0784 or sjchubon@sc.rr.com

Annual Retreat at The Mountain-October

October 4-6 are the dates for our annual weekend at our wonderful Mountain, a camp and conference center located

near Highlands, NC. The congregation from Brevard will also be there this year. It will be fun to get to know their group. Get it on your calendar. More information later. Questions? Contact Joan Watterson at joan.l.watterson@icloud.com.

Knit or Not Group, Mondays, 2:00 p.m.

Do you knit or have other needle-craft you would like to share? If so, you are invited to join us for our weekly Knit or Not meetings on Mondays at 2:00 p.m. in classroom 10 of the CYRE wing. Or if you are interested in learning to knit or crochet, we have folks who can help with the basics.



The Buddhist Insight Meditation Community of Columbia Meets Mondays

Join us on Monday evenings in the UUCC Library. Meditation instruction at 6:30, silent sitting at 7:00 and Dharma talk at 7:30. Free and all are welcome.

Chair Yoga

Chair Yoga will not meet April through August. We will start again in the Fall if there is interest.

Art for All Group, Thursdays

If you are interested in working on your art with others for support, encouragement and feedback, then this group is for you. We meet weekly on Thursdays from 10:00 a.m. - noon in the UUCC Social Hall. Bring your own supplies and prepare to enjoy the company of other artists at no cost. No instruction provided. Contact Linda Brennon at linbrenni@gmail.com if you have questions.

Gaia's Rising CUUPS, Thursdays

Join the Covenant of Unitarian Universalist Pagans (CUUPS) Thursday nights at 7:30 p.m. in the Library unless otherwise noted. Contact Candace at shewhowonders2000@yahoo.com for more information.

Social Action

Harvest Hope Food Donations Needed

Please bring your donations, such as canned soups, vegetables, fruits, juices, peanut butter, and pastas for Harvest Hope Food Bank and leave them in our shopping cart in the social hall. Another item always needed is disposable diapers – NO adult sizes. Harvest Hope does not accept glass containers or expired food.

Seeds Of Hope Farmers Market: Thru Aug 4

10:30am-12:30pm. The Seeds of Hope project is an annual project in which UCC sponsors a fresh market stand in front of the church. **We need a volunteer to work Sunday, July 21st! Please sign up by emailing bwesteren@hotmail.com .**

Fri, July 12: Lights for Liberty: Columbia, SC 8-10pm at the statehouse. Join the South Carolina Poor People's Campaign and Columbia-NOW as we partner with organizations across the country and participate in a candlelight vigil calling for an end to human detention camps in our country! We will meet on the steps at the front of the SC Statehouse at 9PM for the vigil in simultaneous action with other Lights For Liberty events nationwide. The Statehouse does not allow open flames at events. Please bring a glowstick. If you are interested in carpooling, please contact Jeanette Walton at jmonsaywalton@gmail.com. www.lightsforliberty.org/

Social Action Committee Meeting: Sun, July 28

12:30pm in the sanctuary. All welcome. Please join us! Any questions, please contact socialaction@uucolumbia.org.

Volunteers Needed for Harvest Hope Food Bank: Sat, Aug 3.

Volunteers should be 16 years or older. Shift will likely be 9am to Noon at their warehouse in Columbia. Contact Joan Watterson for more information. If you can help, please email SocialAction@uucolumbia.org as soon as possible or [click here to sign up](#).

Famously Hot Pride Parade: Friday, Oct 4th

The 2019 Get Lit Night Parade will begin at 7:30pm. We will be having committee meetings to discuss this year's float decorations. Since it's another night parade, start collecting your glow in the dark paraphernalia and plan on wearing your yellow t-shirt. More info coming soon, but be sure to mark your calendar!



Please check our website for new events posted almost daily:

bit.ly/social-action

Munira Elizabeth Reed returns to Columbia SC

UUC, 2701 Heyward Street



Everyone is invited to attend any or all of her spirit-enriching events! She is an ordained as a Sufi Cherag [minister,] and also as a United Methodist minister. An accomplished spiritual teacher, she is inspired by Neil Douglas-Klotz's translations of the Aramaic words of Jesus into English. Munira will lead us to experience Jesus' teachings in the context of a Middle Eastern world view. This opens up a broad spectrum of inclusive interpretations.

Saturday July 27 events

Child care available only by advance request. Contact Andrea by noon Friday 7/26 at uucc@uucolumbia.org or

803-799-0845 to request child care.

11 am -1 pm, Workshop: A Sufi View of Creation, Mystics, and

Yeshua includes inner exploration that will deepen our understanding of spirituality and creation. During this exploration, we will actively use focused silence, body prayer, breathing practices, and chanting. Suggested donation \$20. Free for anyone with financial need.

1-2 pm, dish to pass lunch; please bring food to share

2-4 pm, Celebrate National Dance Day with Dances of Universal Peace.

These are moving meditative practices honoring many different faith traditions. For each dance, we learn a sacred phrase, its meaning and melody, and the dance movements. The Dances increase our awareness of the Divine in and around us, promoting peace. Suggested donation \$10, free for those in need.



Sunday July 28, 11 am: Munira will present the Worship Service sermon entitled "Not the Jesus I Knew: Exploring Jesus and the Divine Feminine."



Denominational Connections – July 10, 2019

The Point 2019 - July 21-26, Lake Murray State Park, Oklahoma

Make a plan to join us at The Point. Registration is now open! (<https://fd8.formdesk.com/UUASR/ThePoint2019/?get=1&sidn=5cd0f5b5a839431a80b1946bd798a536>) Our theme this year is “CHARGE!” and our theme speaker will be Rev. Aaron White. In 2018, we learned about the good news of Unitarian Universalism. This year, we’ll learn how to take care of our spirits and take that message home. Renew your spirit! Get charged up! You don’t want to miss The Point!

Ships Ahoy! Youth Leadership Experience 2019-2020 - November 2019 - March 2020, Mountain Home, TX

Youth are invited to cruise on this amazing journey into Unitarian Universalism which will prepare them for membership and leadership in congregations and the Association at large. Ships Ahoy! There are ships on the horizon: Leadership, Scholarship, Discipleship, and Partnership! Join us for the adventure of a lifetime! Register here: <https://www.eventbrite.com/e/ships-ahoy-2019-2020-registration-61134382584>.

White Lies, NPR's Civil Rights Cold Case Podcast, Solves Who & What Killed James Reeb

In 1965, Reverend James Reeb — a Unitarian minister and civil-rights activist — was killed during the voting rights movement in Selma. After three men were tried and acquitted for his murder, the city's white community buried the truth. More than 50 years later, two native Alabamians return to Selma to uncover the truth about who killed James Reeb, and to delve into the systems of oppression and violence that allowed it to happen.

A seven-part serialized investigative podcast, hosted by native Alabamians Chip Brantley and Andrew Beck Grace, is available (the series started running on May 14). Learn more and subscribe to podcast episodes here: <https://www.npr.org/about-npr/719940814/white-lies-nprs-civil-rights-cold-case-podcast-solves-who-what-killed-james-reeb>.

Meanwhile, please check out our [Denominational Connections](http://www.uucolumbia.dreamhosters.com/connection/denominational-connection/) pages (<http://www.uucolumbia.dreamhosters.com/connection/denominational-connection/>) for updates and connect with our wider UU world. Find the latest news on immigration justice and the UUA and information about *Get Out the Vote Project Grants* here: <http://www.uucolumbia.dreamhosters.com/connection/denominational-connection/uua-connections/>. Please, visit us often on [Facebook](https://www.facebook.com/uucolumbia/). (<https://www.facebook.com/uucolumbia/>) This committee needs more members! *Time commitment is minimal*. Please talk with Keitha Whitaker or Anne Mellen about joining us! If you have questions or suggestions, please contact me at denomconn@uucolumbia.org. Keitha Whitaker, Chair, Denominational Connections.



Meetings & Rentals

Art For All Group	Every Thursday	10:00 am	Social Hall
Board Meeting	3rd Wednesday of month	6:30 pm	Classroom # 8
Chair Yoga	On Hiatus Until Fall		
Children & Youth RE Committee	TBA	12:30 pm	Classroom # 8
Choir - UUCC (adult)	TBA	9:30 am	Sanctuary
Choir – Prism (women)	Thursdays	6:30 pm	Classroom # 9
Choir - Encore (men)	TBA	9:30 am	Classroom #9
Christian Heritage	3rd Tuesdays	12:00 am	Classroom # 8
CUUP's, Gaia's Rising	Every Thursday	7:30 pm	Library
Funeral Consumers Alliance	3rd Tuesdays	5:30 pm	Classroom # 8
Forum	Every Sunday	9:30 am	Library
Green Team	Sunday, July 14	12:30 pm	Classroom # 9
Knit or Not	Every Monday	2:00 pm	Classroom # 10
Membership Committee	Sunday, August 25	12:30 pm	Classroom # 9
Visitor Orientation	Sunday, August 18	12:20 pm	Library
Science & Religion	2 nd Thursday	7:00 pm	Classroom # 8
September Set	Friday, July 26	6:00 pm	Social Hall
Social Action Committee	Sunday, July 28	12:30 pm	Sanctuary
Technology Committee	Wednesday, August 7	6:00 pm	Workroom 1
UU Animal Ministry	TBA	5:00 pm	Classroom # 10
UU Book Club	Sunday, July 21	6:30 pm	Member's Home
UU Humanist	4 th Thursday	7:00 pm	Classroom # 8
UU Partner Church Committee	TBA Lee Minghi, 798-0904; Carita Barr, 782-0053	12:30 pm	Classroom # 10
Women's Book Club	Tuesday, August 13	7:00 pm	Classroom # 8
Rentals			
La Leche League	3rd Tuesdays	6-8pm	Classroom # 10
Tai Chi 803-772-9557 columbia.sc@taoist.org	Every Thursday	6:30 pm	Social Hall
Buddhist Insight Meditation	Every Monday	7:00 pm	Library
Men's AA I	Every Tuesday	6:30 pm	Social Hall
Women's AA I	Every Wednesday	6:30 pm	Library
Men's AA II	Every Sunday	5:00 pm	Library

The Seven Principles of Unitarian Universalism

Grateful for the religious pluralism that enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. We covenant to affirm and promote:

1. The inherent worth and dignity of every person
2. Justice, equity, and compassion in human relationships
3. Acceptance of one another and encouragement of spiritual growth in our congregations
4. A free and responsible search for truth and meaning
5. The right of conscience and the use of the democratic process within our congregations and society at large
6. The goal of world community with peace, liberty, and justice for all
7. Respect for the interdependent web of existence of which we are a part

If these principles reflect your understanding of the world and appeal to your sense of spiritual fulfillment, we invite you to consider membership in the Unitarian Universalist Congregation of Columbia. If you would like to discuss membership or if you would simply like more information, please speak to any member of the Membership Committee or of the Board of Trustees.

UUC Board of Trustees

President, Linda Brennon	<i>president@uucolumbia.org</i>
President-Elect, Richard McLeod	<i>president-elect@uucolumbia.org</i>
Treasurer, Jeanette Walton	<i>treasurer@uucolumbia.org</i>
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Members at Large: Jessica Kross, John Logue, Deb Matherly, Pat Mohr, Terrence Sullivan	
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Finance Chair, Caroline Eastman, ex officio	<i>financechair@uucolumbia.org</i>

UUC Staff

Minister	Rev. Stephen Robinson, <i>revstephen@uucolumbia.org</i>
Administrator	Andrea Dudick, <i>uucc@uucolumbia.org</i>
Bookkeeper	Ginny Verne, <i>bookkeeper@uucolumbia.org</i>
Music Coordinator	Anna Hamilton, <i>music@uucolumbia.org</i>
Sexton	Bill Dolley, <i>uucc@uucolumbia.org</i>
RE Youth Ministries Assistant	Mckenzie Scott, <i>reassist@uucolumbia.org</i>

Address: 2701 Heyward St, Columbia, SC 29205

Phone — Office (803) 799-0845

Office Hours — Mon.– Fri. 6:00 am – 12:00 pm

UUC Forum: <http://uufc.19.forumer.com>

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