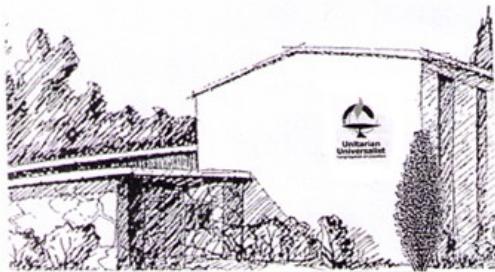




The Unigram

Newsletter of the Unitarian Universalist Congregation of Columbia, SC

November 13, 2019



2701 Heyward Street, Columbia, SC 29205
803-799-0845 • www.uucolumbia.org

Sunday Schedule

Forum: 9:30 am in the Library

Worship: 11:00 am-12:15 pm

Nursery: Available during service for infants through age 3

November 17, 2019

9:30 am Forum Topic

What kind of impact on behavior do shame and guilt have?

11:00 am Sermon Topic

“We All Have Roots In the Earth”

by Rev. Stephen Robinson

Cornbread Communion & Chili Cookoff

November 24, 2019

9:30 am Forum Topic

Memorials-what should we memorialize and what should we tear down?

11:00 am Sermon Topic

“Finding the Spirit of Life”

by Morgan MacLachlan

Unigram Deadline

The deadline for the next issue is **Sunday, December 8**, for publication on **Wednesday, December 11**. *Items submitted after the deadline will not be published.* Please submit articles and announcements for the next issue to uucc@uucolumbia.org.

Message From Our Minister

Reflecting On the Blessings of Animals

The crisp air of a November Sunday afternoon set the stage for our amazing experience of our Blessing of the Animals service at the UUCC. I offer my thanks to Anita, Linda, Laura, Patty for organizing this service, Rod, Karen, and Ron for providing music, Andrea for making programs, and the many people who shared their animal members of their families in person, with photos, and in memories. This service connects to the work of St Francis of Assisi, and is grounded in our 7th principle, a respect for the interdependent web of all existence of which we are a part. On a cognitive level, we understand this principle and agree with the conceptual understanding of this respect.

This service provides an opportunity to connect to this principle on an emotional level as well. My main job at the service was to bless the animals as they came forward. As I met the many dogs, cats, snakes, and chickens, I felt a deep emotional connection to all these new friends. The blessing of the animals ultimately opened a path of awareness of the blessings of animals. I walked away from the service feeling deeply integrated into the lives of all who attended, getting to know so many of you through the eyes of the animal friends you brought forward. What a tremendous experience!

Albert Schweitzer said that, “compassion, in which all ethics must take root, can only attain its full breadth and depth if it embraces all living creatures.” As we open ourselves up to vulnerability and get to know these animal friends, we expand the depth of our being and create the potential to know ourselves and our fellow humans more intimately. Thank you so much for giving me the opportunity to meet your animal friends, offer a blessing on them and your home, and get to know each of you more intimately. As I continue through this month that invites us to the feeling of gratitude, I find myself feeling very grateful for the blessing of animals.

Rev. Stephen Robinson

Thank You

Guest at Your Table Potluck Fundraiser a Huge Success

Thanks so much to everyone who helped set up, clean up, cook delicious dishes, helped with the service, including Rev. Michelle's excellent sermon, and of course, everyone who donated. At the end of the day we made over \$1,200 to be donated to the Unitarian Universalist Service Committee, and there were several people who still planned to make donations. Everyone's help is much appreciated, and we could have never pulled it off without everyone involved. A great success for our congregation! If you'd like more information about UUSC, please visit UUSC.org.

The Animal Ministry Has A Most Successful Blessing Of The Animals!

On what only could be described as a positively perfect autumn afternoon, a large group of excited pets and their owners (35+) turned up for the Ninth Annual Blessing of the Animals on November 3rd at 3:00 P.M. All animals in attendance were dogs, with the exception of Sara William's chicken. Civility amongst both people and animals was perfect!

Promptly at 3:00 P.M. Reverend Stephen began the festivities with a welcome and an introduction to the what was in store for the afternoon. (He very wisely had prepared a written Order of Service for each person attending). At appropriate junctures, Reverend Rod Brown played guitar, which seemed to have a soothing effect on the animals (as well as their owners!), and reflected the mood of the group. It also seemed to have the added benefit of holding every one's attention.

The first part of the event was devoted to animals that had been important to us in the past. Each attendee was given the opportunity to come up, say the name of the pet who had departed, and light a candle in his/her memory. Everyone found this to be a moving experience. A responsive prayer for all animals was then read by Rev Stephen and the group.

The hymn "Spirit of Life" was sung at the appropriate time and seemed to tie all of this together, so that the ceremony was appealing on many different levels.

The highlight of the afternoon of course, was the blessing of the attending animals. Rev. Stephen took time with each individual animal, talking to the owner about his/her special characteristics before bestowing the blessing.

Afterwards, everyone took an opportunity to acquire cat and dog toys for their animals as well as treats which could be taken home if they chose to. Humans received vegan treats, which they seem to thoroughly enjoy.

It is important to point out that out of the 35 attendees, many were from the community at large which gave this event an outreach quality.

Anita Grossman, Chair of the Animal Ministry, who sponsored the event, would like to thank the following people whose hard work made it all possible: Laura Culler, Patty and Marc Drews, Susan and Larry Siegel, Linda Brennison, Marky Deese, and Ron Edge who played accordion.

And of course a very special shout out goes to Reverend Stephen and Reverend Rob for the amount of preparation and collaboration that was put into the service and the superb execution of these plans. One could say, without hesitation, that this was the best Blessing of the Animals in our nine years of production!



Thanksgiving Gathering at UUCC, November 28

As an annual tradition that goes back many years, UUCC will be hosting another Thanksgiving Day potluck gathering. We encourage everyone to join us and please bring your family and friends. **We'll gather for socializing at 1:00 pm Thanksgiving Day, with dinner beginning about 2:00.** Turkey and ham will be provided, and a small donation will be taken to cover the meat costs.

Organizers of the potluck are Linda and Richard McLeod and Linda Brennison. Please sign up at the Membership table or email Linda McLeod at bonneylass44@gmail.com with answers to the following questions:

How many are in your group?

How many in your group will want turkey?

How many in our group will want ham?

What food would you like to bring? (see below for ideas)

Can you prepare a turkey or ham ready to serve? You will be reimbursed.

Can you be at the church at 11:00 am to help with setup?

Can you stay after to help with clean up?

Some suggestions for foods to bring to add to our Thanksgiving Feast:

Dressing (stuffing)	Vegetarian or vegan entrée	Mac and cheese
Veggies	Mashed potatoes	Gravy
Sweet potatoes	Salads	Fruit
Cranberries	Rolls and butter	Pies, cakes, etc.

Tea and coffee will be provided. Please bring any other beverages you may want.



News and Notes

Membership at the UUCC

Have you been attending the UUCC for a while and considering making the congregation a larger part of your life? If you are interested in joining or have questions about membership, please contact membership@uucolumbia.org. You may also speak to the Membership Committee volunteer at the Welcome Table with the red tablecloth after the service.

UUCC Still Dedicated to Immigrant Justice

You might notice our once brightly colored banner on our front wall welcoming people from all countries and cultures to our congregation is no longer so brightly colored. We still stand behind those statements, but the banner is not looking its best anymore and doesn't reflect our current dedication to the cause, and so will be removed. If you have questions or concerns about this, please speak with Laura Hartwig or email her at SocialAction@uucolumbia.org.

Audio Recordings of Sermons Available on Website!

We have finally started putting up audio recordings of our sermons on a regular basis. You can now go to our website (uucolumbia.org) and look on the right-hand side of the Home Page. Select the Service Archive link and scroll down to the sermon you'd like to hear. When on that page, simply select the play button, sit back and enjoy the sermon. We have some from July and all of August and September up now. Continuing from now on, you can expect that they will be up within two weeks of the sermon. We're aiming for much less time (a couple of days), but typically, three sets of hands must deal with these, so we don't want to over promise. Color us happy! Now when you miss a Sunday you don't have to miss a sermon.

Are You Missing Someone?

Do you know someone who has stopped coming to services? Please consider getting in touch with them to see how they are doing. If you don't feel comfortable doing this, please let someone from the Membership Committee (red ribbons attached to their name badge) know. If you need their contact information, you can ask our Administrator, Andrea, at uucc@uucolumbia.org.

Would You Like To Donate Flowers For A Sunday Worship Service?

Do you have a special occasion you want remembered or person honored with flowers at our Sunday Worship Service? Perhaps there is an upcoming birthday or anniversary or just someone you want to say a very special 'Thank You' to. Plans are now being made for you to do this by signing up for the Sunday of your choice on the UUCC Flower Calendar located at the Membership Table.

The cost of this floral arrangement will be a \$30 donation made at least two weeks in advance of the date you have chosen to the UUCC Flower Fund. A group of our talented members will prepare an arrangement for our sanctuary for that Sunday. The flowers will be yours to dispose of as you wish after the service. Linda McLeod (kitchen@uucolumbia.org) will be the contact person once you have signed up to make a flower donation and will explain all the details upon contact. We hope you will all want to share in this opportunity to enhance our sanctuary and at the same time recognize a special day.

**See Page 9 for
Social Action Events**

UUCC Men's Breakfast Group, Second Thursday of Each Month

The UUCC men's breakfast group will meet at 9:00 a.m. on the second Thursday of each month (**next one is November 14**). This time we meet at the Lizard's Thicket on Beltline. If you are interested, please let Phil Turner pturner@unt.edu know so we can have space available.

Ladies LUUnch BUUnch, November 14

The UUCC Ladies' LUUnch BUUnch will be meeting tomorrow at Miyo's at 3250 Forest Drive on Thursday, November 14 at 12 Noon.

Stop the Bleed/Bleeding Control Training and Certification Saturday, November 16

Join us on Saturday, November 16, at 11:00am in the social hall. If you want to be prepared in the event that you have to face a car or home accident, mass shooting or other unpredictable situation and you want to have what it takes to step up and help the victims, this is for you. Learn how to identify serious bleeding, use wound packing or tourniquets to stop the bleed and be prepared to help those you love and those you don't love as much (since we are the UU and we help people regardless of labels and circumstances). Instructors are Emilio Perez and David Bryan. The training will take 1 hour or so and will include watching some materials that include videos and images that may be disturbing to some people. We provide hands on training so you can get your certification from the American College of Surgeons. *RSVP to Emilio Perez eperezjorge@sbcglobal.net*

Chili Cook-off, Sunday, November 17

It's Not Too Late to Enter!



Put on your apron and fire up the stove—it's time for our annual Chili Cook-off fundraiser for the Boston Trip. It's not too late to enter your chili, just email Scott Sargent at dre@uucolumbia.org.



Families Helping Families, November 17

Start looking for our Christmas trees on Sunday, November 17 to choose gifts to give less fortunate families. Then wrap your gift with a gift receipt and our tag taped on and return it to us by Dec 8th. We are sponsoring four families again this year. Each family has been carefully screened by the Palmetto Project and will not be receiving any other assistance this holiday. Find out more at FHFMidlands.org or contact Laura Hartwig, socialaction@uucolumbia.org

Share the Plate Voting Ends Sunday, November 17

Remember to pick up a Share the Plate 2020 ballot and vote for your choices for recipients for next year. The ballots and nominee information sheets are on the table in the foyer. If you haven't already voted and are a member or friend of UUCC and over sixteen, please be sure to vote no later than November 17. You may also vote online at <http://www.uucolumbia.dreamhosters.com/justice/share-plate/>. Your vote can make the difference! Voting results will be announced on Sunday, December 8.

Story Circles, Wednesday, November 20

On November 20 from 10-11:30 am in the Library, Barbara Bates Smith will lead a small group experience called **Story Circles**. Questions? Call Barbara at (828) 421-7685.

Chalice Making Event, November 21



The K-2 class invites members of our UU community who would like to join them in making a "stained-glass" chalice for home use. All supplies provided. The families will gather on Thursday, November 21 at 6:00pm in the K-2 classroom. Because it will be supper time, bringing your dinner or something to share is encouraged. Please enter through the Heyward side entrance so as to not disturb the Tai Chi class that will be ongoing in the social hall. For more info or to RSVP, text or call Bethany at 803-873-7455.

Opening Reception and Gallery Talk at UUCC, Sunday, November 24, 3-5pm

"Quilted Impressions" is an exhibit of quilts created by Janet Swigler. Her process of cutting free-hand and working intuitively without the use of templates honors the tradition of quilting and shows the versatility of the medium. Reception and Gallery Talk at UUCC on November 24 from 3-5pm. Gallery hours: M, W, F 9am-3pm; T, Th 9am -12pm; by appointment contact Janet at 803-608-1042 or jlswigler@aol.com.



Let's Deck UUCC's Halls

Saturday, November 30, 9am-till

Take a few days for that big Thanksgiving dinner to digest, and then head over to UUCC to help decorate for the holidays. We'll be working on Saturday, November 30 starting at 9:00am and stay until we finish. Come when you can and stay as long as you can. There'll always be something to do. Contact Lis Turner mslisturner@gmail.com (940) 395-6562 with questions, suggestions, or items you might like to donate.

Visitor Orientation - Sunday, December 1, 12:20pm, Library

Our next Visitor Orientation will be held on Sunday, December 1, at 12:20pm in the UUCC library, the detached building on Heyward Street with the red door. It usually lasts about 50 minutes. If you are new to the UUCC, or have not come for a while and have questions, this session is for you. This class is designed to help familiarize you with the principles of Unitarian Universalism and answer any questions you may have. For more information or to arrange childcare (with at least 48 hours' notice please) contact: Nancie Shillington-Pérez membership@uucolumbia.org.

Dances of Universal Peace, Friday, December 6, RSVP by December 4

All UU's and friends are heartily welcomed to join in Dances of Universal Peace [DUP] on Friday December 6, from 7-9 pm in the Social Hall of the UU. This month our themes are expression of love and hope as winter approaches.

We need several people present to accomplish this. If you are planning to attend on 12/6 dance, RSVP to Marguerite via phone [803-743-0731] or e-mail [mff426@gmail.com] by 5 pm on Wednesday 12/4. If enough people are coming, we will have the dance; if not, it will be canceled. The status of Friday's DUP will be announced in the 12/5 e-blast. Usually we socialize after dancing. DUP are free; we are happy to accept small donations to support the Dances.

"Vital Connections" with Roger Ray and Paul Thomlinson, Saturday, December 7, 2-4pm

The most effective treatment for depression or addiction, the best way to prevent suicide, is to strengthen connections to family and friends, to meaningful work/volunteerism, and to nature. Dr. Paul Thomlinson and Dr. Roger Ray will present music and interactive lectures on Saturday, December 7. Roger and Paul are no strangers to UUCC (they were last here in April) but while you have heard Dr. Paul Thomlinson play guitar and sing in the past, his actual "day job" is as a psychologist and this trip he and Roger will both be speaking on Saturday afternoon and Roger will preach Sunday morning and Paul will be the guest musician in that service.

Protection for Child Victims of Sex Trafficking, Sun, Dec 8th, 1:30-3pm

We will have 2-3 speakers. Discussion and legislative up-



date of a bill that needs to pass. This is a real problem going on right here in SC that very few people are aware of. If you can bring snacks that day, please

email SocialAction@uucolumbia.org.

The Women's Book Group

Tuesday, December 10, 7:00pm

The Women's Book Group will meet Tuesday, December 10, at 7:00pm in Room 10 to discuss *I am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban* by Malala Yousafzei & Christine Lamb. Anyone with questions may contact Sandy Chubon at 803-776-0784 or sjchubon@sc.rr.com

Turner's Holiday Party, December 14

Mark your calendar and circle the date in red! Our Holiday Party at the Turner's will be on Saturday, December 14 this year. More details will follow but save that evening for UU good cheer and be thinking about what dish you would like to share. The holidays will be here before you know it!

Volunteers Needed: CYRE Free Play Days

CYRE schedules a "Free Play Day" about once each month, usually on the first Sunday. These days are important for a few reasons, and it is difficult to say which reason is more important. First, it gives our hardworking volunteer teachers a well-deserved day off, so they can either attend the service or relax at home. Their commitment to the program requires them to miss nearly every single Sunday service! It also gives the children a chance to play board games, listen to a story, engage in arts and crafts, visit the playground, or just hang out. Finally, it allows adult members of the congregation to interact with the young people and demonstrate their UU values. None of these things will happen if we don't have at least four volunteers for each Free Play Day.

Please consider volunteering at least one day per school year for this vital need; we are currently well below this required level of participation and may have to cancel some days. If interested, please contact DRE Scott Sargent at dre@uucolumbia.org, or simply add your name to the sign-up sheet on the CYRE Registration and Information table in the Social Hall each Sunday, and on a table in the RE wing the rest of the week. On behalf of the UUCC children, thank you for your support!

UUCC Choirs Invite You To Sing!

Do you like to sing? Please consider joining one of our UUCC choirs. All are welcome and no previous experience is required. Opportunities include the UUCC ADULT CHOIR which rehearses twice monthly before Sunday services (9:30-10:30am); ENCORE, the Men's Choir, which rehearses twice monthly before Sunday services; and PRISM, the Women's Choir, which rehearses weekly on Thursday evenings (6:30-7:30pm). UUCC youth will have opportunities this year to sing in RE and perform in inter-generational services! Each choir performs in service once a month, and you can access information and rehearsal schedules on our UUCC website, columbia.dreamhosters.com, under Worship: Music at the UUCC or contact Music Coordinator Anna Hamilton, music@uucolumbia.org

Knit or Not Group, Mondays, 2:00 p.m.

Do you knit or have other needle-craft you would like to share? If so, you are invited to join us for our weekly Knit or Not meetings on Mondays at 2:00 p.m. in classroom 10 of the CYRE wing.

The Buddhist Insight Meditation Community of Columbia Meets Mondays

Join us on Monday evenings in the UUCC Library.
Meditation instruction at 6:30, silent sitting at 7:00 and
Dharma talk at 7:30. Free and all are welcome.

Art for All Group, Thursdays

If you are interested in working on your art with others for support, encouragement and feedback, then this group is for you. We meet weekly on Thursdays from 10:00 a.m. - noon in the UUCC Social Hall. Bring your own supplies and prepare to enjoy the company of other artists at no cost. No instruction provided. Contact Linda Brennison at linbrenni@gmail.com if you have questions.

Gaia's Rising CUUPS, Thursdays

Join the Covenant of Unitarian Universalist Pagans (CUUPS) Thursday nights at 7:30 p.m. in the Library unless otherwise noted. Contact Candace at shewhowonders2000@yahoo.com for more information.

Social Action

Shelter Donations Needed!

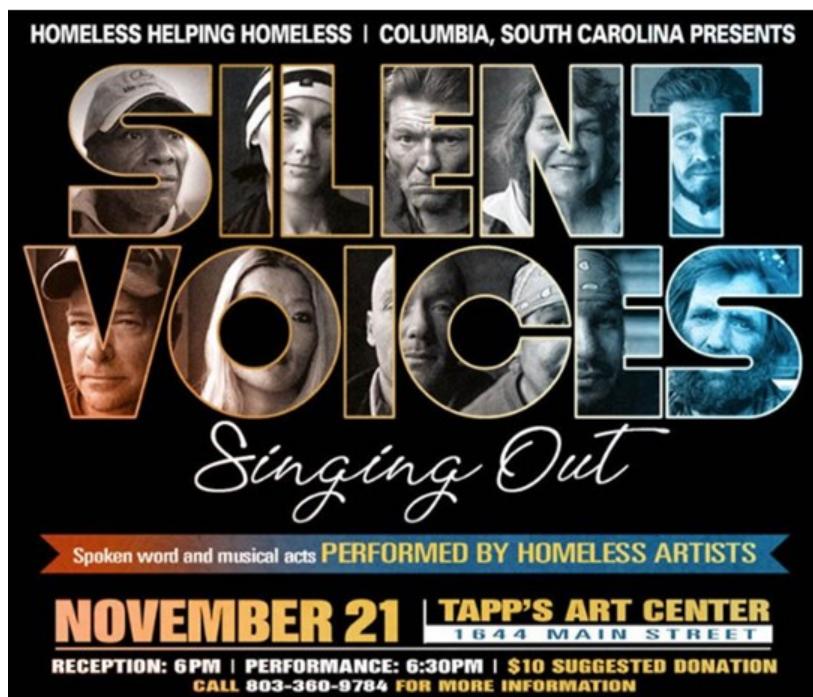
Please begin bringing in your donations now. The Social Action Committee is again soliciting donations of current magazines and unused personal-sized toiletries for the Inclement Weather Center, the winter shelter for the homeless. The shelter, managed by Transitions, is open from November 1 to April 1 when the temperature falls below 40F. 100 to 150 or more clients use the shelter on a nightly basis. *For donations of new or gently used shoes and clothing, such as coats, hats and gloves, advance arrangement is preferred.* Place donations in the basket on the left after entering the social hall. For more information about donations or volunteering, contact Tom Clements at tomclements329@cs.com or 803-240-7268.

Gun Violence Prevention Summit THURSDAY Nov 14th 6:11PM-9:11PM

Allen University Columbia, SC. Presented by Building Better Communities & Kappa Alpha Psi Fraternity, Inc. Covering Campus Rules and Safety. Preventing Gun Violence, Active Shooter Training, Preventing Student Suicide and Conflict Resolution. Eventbrite Registration via FB event

Sat, Nov 16: Adopt a Highway Cleanup with Sierra Club

Volunteers are needed to clean-up the Sierra Club's John Bachman Group's segment of Old Bluff Road near the entrance to the Congaree National Park. We will assemble at 8:30 AM at the church parking area on Old Bluff Road about 1 mile East of the main entrance of the Congaree National Park at the intersection of Old Bluff Rd and Mt View Rd. (1003 Old Bluff Road). If you would like to participate, or if you need more info, please contact Lawrence Hasselden by email at lhaselden2000@yahoo.com or by telephone at 803-917-5092. Please invite anyone you think might be interested. In case of inclement weather such as rain or storms we will reschedule this event.



Please check our website for new events posted almost daily:

bit.ly/social-action



Denominational Connections—November 13, 2019

From the Southern Region:

As Susan Frederick-Gray mentioned during her president's report at General Assembly in June, **LeaderLab** is a tremendous resource for congregational leaders. Check it out at: <https://www.uua.org/leadership>. Courses are \$30 each. If you need assistance with registration for any of the courses, please talk with Keitha Whitaker at denomconn@uucolumbia.org.

SR Monthly Webinar Series

The Southern Region staff team offers a series of webinars for congregational leaders and members. There is no cost to attend but pre-registration is required. Save the dates for these upcoming webinars:

Safer Congregations, November 19, 7:00 pm ET - Our congregations strive to be safe and welcoming places to all. It is impossible to make a congregation 100% safe; however, there are steps that you can take to make your congregation safer while still creating a supportive space for learning, growth, and challenge as well as actively working for the inclusion and safety of all people. Learn about some of these steps in this webinar. Register here: https://docs.google.com/forms/d/e/1FAIpQLSc_PAsuwyPVQL6Hq9A9B04ygLLmVirIGzAa_rLoyZxZKm1WuQ/viewform

Chalice Lighter News

Apply for our Annual Region-wide Chalice Lighter Call -- We are now accepting applications for our annual Region-wide Chalice Lighter call. Does your congregation, cluster, or affiliated Unitarian Universalist organization have a new or ongoing outward facing justice project? If so, please consider applying for Chalice Lighter funding! Find the application here: <https://docs.google.com/forms/d/e/1FAIpQLSdJjxFbAd-isJ5MqY0M3E24GjJBEUG7x1EYne2vMxnwam217A/viewform?c=0&w=1>.

Applications for this annual region-wide call will be accepted until November 15, 2019. (This is a firm deadline.)

Chalice Lighter Call for Georgia Mountains UU Church - Dear Chalice Lighters and Friends, The Fall 2019 Chalice Lighter call for our Mid-South geographical area has been awarded to Georgia Mountains Unitarian Universalist Church in Dahlonega, Georgia. Chalice Lighter funding will help the congregation build a new church home on their recently purchased five-acre property. How to contribute:

Online donations may be made here: <http://gmuuc.org/connection/donate/> (look for the "Donate" button; you do not need to have a PayPal account to use this method). For those already using PayPal you may use [PayPal.me/GMUUC](https://www.paypal.me/GMUUC) or "Send Money" to Gmuuc@live.com.

Donations by check, payable to "Georgia Mountains UU Church" with a memo "Chalice Lighters," may be mailed to Georgia Mountains UU Church, Attn: Chalice Lighter, PO Box 630, Dahlonega, GA 30533. This Chalice Lighter call will **close on November 30, 2019**.

Conversations for Liberation

UUA leaders want Unitarian Universalism to be a faith movement where people of all identities and abilities thrive. The "Conversations for Liberation" framework and discussion guide are new resources to help Unitarian Universalist faith communities engage with the question: How will we move our faith forward toward greater justice? Learn how your congregation can participate and download the discussion guide here: <https://www.uua.org/conversations>.

#UUtheVote: Sign up & tell us what you need! -- Unitarian Universalists have deep history working for justice in the streets and on the ballot, and in partnership with people of all backgrounds as we fight for our democracy. The UUA's Organizing Strategy Team is developing a collaborative plan to support all of us as we #UUtheVote in 2020. (<https://www.uua.org/liberty/electionreform>)

Continued...

Denominational Connections—Continued

This year, our values and our principles are more needed than ever before and we're wanting to make sure we do all we can so that our friends, neighbors, cities, and towns #votelove.

Stay tuned for additional information about the #UUtheVote campaign! In the meantime, please complete a brief survey (<https://docs.google.com/forms/d/e/1FAIpQLSceH5MJYpbqpxMVifqBw-3QiA78OQCPVpXReGMyzTo0wuk-2Q/viewform>) and tell us what you and your congregation need to #UUTheVote. Your responses will ensure that we put our efforts in the best places with the best focus possible. The sooner you can get back to us, the sooner we can get back to you with next steps in this historic campaign!

New WorshipWeb App

A new WorshipWeb app is available for Apple and Android! This app allows you to access the entire WorshipWeb collection with an internet connection, or mark "Favorites" to remain accessible on the app when you're offline. You can also share selections with friends and family.

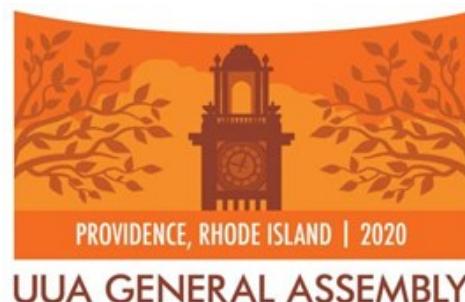
The app's built-in content includes hundreds of inspirational words drawing from the following genres: Affirmations, Benedictions, Blessings, Chalice Lightings, Closings, Invocations, Litanies, Meditations, Openings, Poetry, Prayers, Readings, Responsive Readings, Rituals, and Stories.

Learn more here: <https://www.uua.org/worship/words/whats-new/worshipweb-app>.

There's a LOT more! View the entire Southern Region November Newsletter here: <https://mail.google.com/mail/u/2/?ui=2&ik=c822b0d363&view=lg&permmsgid=msg-f:1649669768990331929>

Meanwhile, please check out our [Denominational Connections](#) pages (<http://www.uucolumbia.dreamhosters.com/connection/denominational-connection/>) for updates and connect with our wider UU world. Please, visit us often on [Facebook](#). (<https://www.facebook.com/uucolumbia/>)

*If you are interested in Denominational Connections **time commitment is minimal**. Please talk with Keitha Whitaker or Anne Mellen about joining us! If you have questions or suggestions, please contact me at denomconn@uucolumbia.org. Keitha Whitaker, Chair, Denominational Connections.*



Meetings & Rentals

Art For All Group	Every Thursday	10:00 am	Social Hall
Board Meeting	3rd Wednesday of month	6:30 pm	Classroom # 8
Chair Yoga	On Hiatus		
Children & Youth RE Committee	TBA	12:30 pm	Classroom # 10
Choir - UUCC (adult)	TBA	9:30 am	Sanctuary
Choir – Prism (women)	Thursdays	6:30 pm	Classroom # 9
Choir - Encore (men)	TBA		
Christian Heritage	TBA	Noon	Library
CUUP's, Gaia's Rising	Every Thursday	7:30 pm	Library
Funeral Consumers Alliance	3rd Tuesdays	5:30 pm	Classroom # 8
Forum	Every Sunday	9:30 am	Library
Green Team	TBA	12:30 pm	Classroom # 8
Knit or Not	Every Monday	2:00 pm	Classroom # 10
Membership Committee	TBA	12:30 pm	Classroom # 9
Visitor Orientation	Sunday, December 1	12:20 pm	Library
Science & Religion	2 nd Thursday	7:00 pm	Classroom # 8
September Set	Friday, January 24	Noon	Social Hall
Social Action Committee	Sunday, November 24	12:30 pm	Sanctuary
Technology Committee	Wednesday, December 4	6:00 pm	Workroom 1
UU Animal Ministry	TBA	5:00 pm	Classroom # 10
UU Book Club	TBA	6:30 pm	Social Hall
UU Humanist	4 th Thursday	7:00 pm	Classroom # 8
UU Partner Church Committee	TBA Lee Minghi, 798-0904; Carita Barr, 782-0053	12:30 pm	Classroom # 10
Women's Book Club	Tuesday, December 10	7:00 pm	Classroom # 10
Rentals			
La Leche League	3rd Tuesdays	6-8pm	Classroom # 10
Tai Chi 803-772-9557 columbia.sc@taoist.org	Every Thursday	6:30 pm	Social Hall
Buddhist Insight Meditation	Every Monday	7:00 pm	Library
Men's AA I	Every Tuesday	6:30 pm	Social Hall
Women's AA I	Every Wednesday	6:30 pm	Library
Men's AA II	Every Sunday	5:00 pm	Library

COMMITTEE CHAIRS & BOARD LIAISONS 2019/2020

Committee/Chair Email	Chair/Board Liaison
Adult Religious Education <i>Adul-tREChair@uucolumbia.org</i>	Angie Dodd Rabon/Pat Mohr
Building and Grounds <i>BandGChair@uucolumbia.org</i>	Shannon Edwards/John Logue
Caring and Hospitality <i>CaringChair@uucolumbia.org</i>	Keitha Whitaker/Bob Gillespie
CYRE <i>REChair@uucolumbia.org</i>	Beck Sullivan/Terrence Sullivan
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Board Liaison to Staff <i>President@uucolumbia.org</i>	Linda Brennison

The Seven Principles of Unitarian Universalism

Grateful for the religious pluralism that enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. We covenant to affirm and promote:

1. The inherent worth and dignity of every person
2. Justice, equity, and compassion in human relationships
3. Acceptance of one another and encouragement of spiritual growth in our congregations
4. A free and responsible search for truth and meaning
5. The right of conscience and the use of the democratic process within our congregations and society at large
6. The goal of world community with peace, liberty, and justice for all
7. Respect for the interdependent web of existence of which we are a part

If these principles reflect your understanding of the world and appeal to your sense of spiritual fulfillment, we invite you to consider membership in the Unitarian Universalist Congregation of Columbia. If you would like to discuss membership or if you would simply like more information, please speak to any member of the Membership Committee or of the Board of Trustees.

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